

CROW ATHLETICS



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[www.crowrunning.com](http://www.crowrunning.com)

*The Crow Athletics Running Club was founded in 1991 and is based on beautiful **Mount Desert Island, Maine**. We seek to support and encourage the sport of running in Maine, New England, the United States and beyond. We welcome runners of all ages and abilities to join our group to participate in our activities in support of runners and running.*

Crow Athletics is associated with many local races, and is the host running club of the Mount Desert Island Marathon. We offer training advice, and field racing teams in major and international events. Crow Athletics is a not-for-profit organization and member of the [USATF](#). Membership is paid on a yearly basis beginning January 1. New members joining on or after MDI Marathon Sunday (the third Sunday of October) will be paid thru the next year. Membership is free to anyone under 18, and \$10 for adults.

**-PLEASE PRINT CLEARLY-**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Country: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: M F

Number of Marathons Run: \_\_\_\_\_ Personal Best Marathon Time: \_\_\_\_\_

e-mail: \_\_\_\_\_

Signature: \_\_\_\_\_

Parent signature (under 18): \_\_\_\_\_

**WAIVER OF LIABILITY:** *I know that participating in running events is a potentially hazardous activity. I agree not to enter and participate unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete any event. I am voluntarily assuming all risks associated with participating in these running activities including, but not limited to, falls, contact with other participants, spectators or others, the effects of weather, including heat, cold and/or humidity, traffic and other conditions of the course, all risks being known and appreciated by me. Having read this Waiver and knowing these facts, and in consideration of your acceptance of this application, I, for myself and anyone entitled to act on my behalf, waive, release, and hold harmless the organizers, officials, volunteers, sponsors, each and any of their representatives and successors, for all claims or liabilities of any kind arising out of my participation in any event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. The club committee reserves the right to accept or reject any entries.*